2026 Middle School Girls Flag Football





BETHEL RECREATION CONTACT INFORMATION

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Please pick up your bag of balls, cones & flags after the meeting.

Equipment Portable #10 behind Bethel MS: 22001 38TH Ave. E. Spanaway, WA 98387

If your footballs need to be replaced please exchange them at the equipment portable.

Days and times vary- contact your coordinator for hours.

PLEASE… return your equipment at the end of the season to the field supervisor at your last game!

VOLUNTEER COACH BACKGROUND CHECK REQUIREMENTS

Coaches must complete and pass an **on-line** National volunteer background check through the Bethel School District at- https://bethelvolunteers.hrmplus.net/ before receiving their rosters. Through this process coaches will also complete the free on-line certification for Sudden Cardiac Arrest and Concussion in Youth Sports through NFHS.

COACHING EXPECTATIONS

Please remember that this may be a child's first time participating in a sport. We want this to be a fun and positive experience for all the participants.

1. **This is a recreational league** -Provide a safe and fun environment while teaching the fundamentals and good sportsmanship. Learn and follow ALL league rules, policies and procedures.

2. Plan and attend games, practices and events. If you are unable to attend, make sure that you have an assistant coach that is background checked to coach in your absence.

3. Contact all your players by **Monday, November 2** with your practice days and times.

COACHES PACKETS

COMMON QUESTIONS & ANSWERS

Any conflicts with game dates or times must be emailed to director by **Wednesday, November 4**.

Practices Begin week of **November 9**. No practice, Wednesday, November 11- Veterans Day.
No practices during Thanksgiving break November 25-27 and winter break Dec. 21- Jan 1!

Games Played weeknights and Saturdays. December 9-February 6. No games will be played Dec. 21-Jan 3
There may be games **Saturday, December 19.**

Locations All practices and games will take place at BSD lighted turf fields. Practices held at either GKHS, SLHS or Art Crate Field. Games will primarily be played at Art Crate Field.

Rules Field, Playing time, **NO Jewelry-** NO earrings, nose rings etc., Only Coaches & Players on field.

Bethel Rec Code of Conduct

Our goal is for our program to be a safe and fun environment for all!

- **Officials**- Remember that this is a NEW program for everyone and we are learning the rules of girls flag football together. We ask that coaches and families have patience and grace when it comes to the officiating.

- Please adhere to our zero tolerance policy- PLEASE do not yell at or criticize the officials or dispute calls. If you feel the officials are not making the correct calls, address it with the field supervisor who can talk to the officials. If something is not resolved, please email the director about the situation.

- **Parent and Player Conduct-** Coaches are responsible for both their parents and players conduct. Coaches need to go over the league rules with parents and players at your first practice to ensure that everyone knows the rules. If parents get out of line, yell at officials etc., coaches need to remind them about good sportsmanship and our zero tolerance policy!

- **Sportsmanship/Good Role Model**- Coaches need to teach good sportsmanship and role model good sportsmanship as well!

- Follow all BSD Policies on School Property- ***NO DOGS, NO SMOKING, NO DRUGS, NO ALCOHOL***

- **Disciplinary Procedures and Penalties**- If a participant/coach/parent/spectator is found in violation of the Code of Conduct, they will be subject to disciplinary action, including but not limited to the following penalties in any order or combination: Official Warning/Reprimand, Suspension, Probation, Ban.

Bethel Recreation Pre-Game Pledge

"I pledge to show respect, play fair, and do my best.
I will encourage others, follow the rules, and make safe choices.
I will represent this program with integrity, teamwork, and a positive attitude."

