

Bethel Recreation

VOLLEYBALL ROTATION & SUBSTITUTION

Coaches will list all of their players on the Lineup Card numbered 1-12. To start the first game players will be placed on the court in positions 1-6 corresponding with the order they are listed on the Lineup Card.

On the first side out & rotation for each team, the #7 player listed on the lineup card substitutes/enters in the 6 position. The player in the 1 position rotates off of the court onto the bench. The player that was in the 2 position will rotate into the 1 position and serve!

Rotation will continue this way for each side out with all of the players staying in the same order throughout the match (all 3 games). This helps to ensure players get equal playing time.

Players rotate clockwise!

