



Bethel Recreation Association

PRACTICE GUIDELINES

We structure our programs by allowing students the opportunity to participate as long as they are registered by our published registration deadline. After the deadline our Program Coordinators organize teams with the participants that have registered by school and by grade. When you register your child during the open registration period we are able to place your child on his/her school team (as long as there is enough players registered).

We depend highly on our volunteer coaches! Some coaches are new parents to the program that have offered to coach teams and other coaches are parents that return year after year to coach.

Practices are scheduled for each team during our coaches meetings, which take place a couple of weeks after the closing of registration for each program. We try to keep the teams at their own schools for practices. If a school doesn't have enough players to complete a team or a team did not have a volunteer parent step up to coach this team – participants may be placed at a nearby school.

Important information regarding practices!

- Practice schedules are based on coach volunteer time availability and school availability.
- Practices are primarily scheduled on weeknights Mon-Friday, 5:00pm-8:30pm.
- Occasional Saturday practices may be held.
- Practices are twice a week before games begin. Teams may choose to only practice once a week after games begin.
- K-4th grade practices are 1 hour long.
- 5th & 6th grade practices are 1 ½ hours long.
- Cheer practices are 1 hour long.
- Coaches are given their rosters at the coaches meeting and will contact parents after the meeting with practice information.

*****We do offer full refunds if the practices and/or games do not work with your schedule. Refunds must be requested prior to the first game.**

NOTE:

PRACTICE SCHEDULES WILL NOT BE AVAILABLE UNTIL A COACH CONTACTS YOU AFTER THE COACHES MEETING AFTER REGISTRATION CLOSES FOR EACH PROGRAM.